



# Ever feel Lonely?

Do you live alone and  
would like someone to visit with?

**Friendly Visitors** are volunteers ages 16 years and older, that provide companionship. These volunteers will visit two times a month and devote one hour to you. You and the volunteer decide what days and times are best for visiting!

Visits are focused on fun activities that you want to do. This can include playing games, sharing stories, going for coffee, going for walks, etc.

To be a part of the program all you have to do is call! We'll send the Friendly Visitor Coordinator to meet you first.

**You don't have to feel alone anymore.**

**A Friendly Visitor is waiting for you!**

**For more information on becoming a participant, please contact:**

Senior Information & Assistance: 209-558-8698