

What Participants Are Saying



“Senior Center Without Walls is really about removing the walls between us—creating connections on the phone with people who would otherwise not know each other. This is what Senior Center Without Walls has done for me and others.”

“It gives me something to look forward to.”

“You get isolated when you’re homebound. But now I have a contact with the world again, and I’m developing interests I never knew I had.”

“It jump-starts the batteries in my brain!”



Senior Center Without Walls

Phone:
1 (877) 797-7299

E-mail:
info@SeniorCenterWithoutWalls.org

Website:
www.SeniorCenterWithoutWalls.org

Staff:
Terry Englehart, Director
Amy Schaible, Associate Director
Jennifer Cancino, Program Administrator

For more information about
senior services call the Stanislaus
County Senior Information Line
at 209-558-8698

*Your tax-deductible donations are
always appreciated and will enable us
to continue to offer this program
at no cost to participants.*



A Telephone Community for Elders in Stanislaus County and throughout California



*Senior Center Without Walls
is a non-denominational, non-profit
community outreach program of*

E P I S C O P A L
SENIOR COMMUNITIES



SENIOR CENTER

Without Walls

Senior Center Without Walls offers activities, friendly conversation, and an assortment of telephone groups to adults 60 and older in California who find it difficult to participate in activities in their communities. Participants call from the comfort of home.

And it's FREE!



Award-Winning Program

2010 Jefferson Award for Public Service, San Francisco Bay Area

2009 Citation of Honor from the International Association of Homes and Services for the Ageing

2008 MindAlert Award from the American Society on Aging and MetLife Foundation

2008 Gold and Silver Award from the City of Oakland, California

Activities Include:



READING & WRITING

Join a group discussion of poems, stories, or creative writing.



ARMCHAIR TRAVELS

Take guided trips on the phone to local as well as faraway places.



HEALTH & WELL-BEING

Learn about valuable resources and healthful information.



BRAIN GAMES

Exercise your gray matter with trivia, word games, puzzles, and more.



SUPPORTIVE GROUPS

Find comfort in groups on low vision, depression, LGBT issues, and other topics.



PETS AND ANIMALS

Enjoy discussions about pets and bird watching.

And many more!

How it works

It's easy! Give us a call at
1-877-797-7299

And learn how simple it is to use Senior Center Without Walls. A separate toll-free number connects participants to our group activities.
No cost to call, free to join!



More fun groups:

Bingo ~ Holiday Gatherings
Coffee Break Chat Groups
Gratitude ~ Play Reading
Annual Talent Show ~ Meditation
Gardening ~ De-Cluttering
Current Events ~ Reminiscence
Sing Alongs ~ Movie Discussion

